

	GENERAL HÖ 1 Lecture Hall 1	POLE VAULT HÖ 1, Lecture Hall 1 and Indoor Hall / LAH	HIGH JUMP HÖ 1, Lecture Hall 1 and Indoor Hall / LAH
Friday, 12.11.21	Eröffnung /Opening		
16:00	Prof. Dr. Heiko Strüder		
16:20	Vitaly Petrov 40 years of coaching pole vault		
17:20	Frank Dick Making excellence possible		
18:30	Helena & Greg Duplantis Career report Mondo Duplantis		
20:00	Abendessen, Dinner (Mensa)		
Saturday, 13.11.21	Christian Zepp What we have learned from Corona		
08:30			
09:30	Wolfgang Killing What we can learn from top coaches		
10:30	Kaffeepause, Coffee break		
11:00	Falk Schade / Christine Adams / Hans Jörg Thomaskamp The DLV measuring station - practical application and consequences		
12:30	Mittagessen, Lunch (Mensa)		
14:00		Helena & Greg Duplantis Practical LAH	Marco Tamberi Comeback after injury HÖ 1
15:30		Helena & Greg Duplantis Training and planning HÖ 1	Marco Tamberi Practical LAH
17:00	Kaffeepause, Coffee Break		
17:30		Herbert Czingon Chat talk / Q & A HÖ 1	Wolfgang Ritzdorf Chat talk / Q & A HÖ 2
19:00	Bankett, Get Together		
Sunday, 14.11.21		Herbert Czingon A modern look at effective pole vault Technique HÖ 1	Tamas Kiss / Hans Jörg Thomaskamp Practical for a speed-oriented flop LAH
09:00		Scott Simpson Pole Vault women Practical & theory LAH	Gert-Peter Brüggemann Pronation at take-off – risk or energy source HÖ 1
11:00			
12:30	Summary of workgroups / discussions / practical HÖ 1		
13:00	Abschluss Mittagessen, Closing lunch		